STARTERS

FRIES

Classic Fries	₹79/-
Peri Peri Fries	₹89/-
Sweet Potato fries	₹99/-
Loaded Fries	₹119/-

Classic Fries

Classic Nuggets

NUGGETS

Classic Nuggets	₹109/-
Chilli Cheese Corn Nuggets	₹119/-

SAMOSA

Veg Keema Samosa (4pcs)	₹109/-
Cheese Samosa (4pcs)	₹119/-

Cheese samosa

SPECIALS

Chilli Momos	₹129/-
Classic Falafel with Hummus	₹139/-

Chilli Momos

SIGNATURE DISH

NOTE : WE USE PLANT-BASED DAIRY ALTERNATES

ROLLIN' WRAPS

Falafel Wrap (Hummus, olives, pickled veggies, mayo)	₹159/-
Tofu Makhani Wrap (Makhani sauce, veggies, mint chilli mayo)	₹159/-
Grilled Tofu Wrap (Curry leaves pesto, cheese, veggies, garlic mayo)	₹159/-
Grilled Plant Protein Naan Wrap (Roasted bell pepper tahini sauce, veggies, garlic mayo)	₹179/-
Veg Shawarma (Hummus, pickled chilli & carrot, veggies, garlic mayo)	₹179/-
Plant Protein Tikka Wrap (Tikka masala, cheese, veggies, tandoori mayo)	₹179/-

Grilled Tofu Wrap

Chatpata aloo Paratha

SALAD BOWLS

Rainbow Salad (Rajma, sweetcorn, beetroot, bell peppers, iceberg & romaine lettuce, flax & sesame seeds)	₹119/-
Greek Salad (Bell pepper, olives, cherry tomatoes, cucumber, lettuce, salad dressing)	₹129/-
Fattoush Salad (Pita bread, spring onions, pickled radish, romaine lettuce, sumac)	₹139/-
Mediterranean Chickpea Salad (chickpeas, dates, red bell pepper, cherry tomatoes, parsley)	₹149/-

MULTIGRAIN PARATHA

East Asian Gobi Paratha	₹79/-
Mix Veg Paratha	₹79/-
Chatpata Aloo Paratha	₹79/-
Jamaican Jerk Sweet Potato Paratha	₹79/-
Desi Tofu Paratha	₹99/-
Veg Kheema Paratha	₹99/-

THE MENU IS 100% VEGETARIAN AND PLANT-BASED

ROTI/BREADS

PHULKA

Plain Phulka	₹15/-
Multigrain Phulka	₹19/-

Plain Phulka

Butter Roti

ROTI

Tandoori Roti	₹29/-
Butter Roti	₹39/-

NAAN

Plain Naan	₹39/-
Butter Naan	₹49/-
Garlic Butter Naan	₹59/-

Garlic butter naan

RICE

Steam Rice	₹89/-
Jeera Rice	₹99/-
3 Pepper Rice	₹119/-
Herb Tossed Rice	₹129/-

3 Pepper Rice

DAL

Dal Tadka	₹109/-
Panch Mel Dal	₹129/-
Nawabi Dal	₹149/-

GRAVIES

Amritsari Chole	₹129/-
Rajma Masala	₹129/-
Mushroom Kadhai	₹129/-
Tofu Butter Masala	₹179/-
Spinach Tofu	₹179/-
Plant Protein Tikka Masala	₹199/-
Plant Protein Bhuna	₹199/-
Kaju Masala	₹229/-

Tofu butter Masala

DUM BIRYANI

	Half	Full
Mushroom Biryani	₹129/-	₹229/-
Tofu Biryani	₹149/-	₹249/-
Plant Protein Biryani	₹179/-	₹279/-

Tofu Biriyani

BEVERAGES

SHAKES

Strawberry Shake	₹119/-
Mango Shake	₹119/-
Mango Yoghurt Shake	₹119/-
Peanut Butter Cold Coffee	₹139/-
Oreo Shake	₹139/-
Mocha Shake	₹139/-

FRESH DRINKS

Masala Butter Milk	₹39/-
Lemon Juice / Soda	₹39/-
Virgin Mojito	₹59/-

Gulab jamoon

DESSERTS

Gulab Jamun	₹39/-
Vanilla Ice Cream	₹99/-

GYM SPECIALS

Protein : 40g, Fat : 10g, Carbs : 40g — Protein Shake (soy protein isolates, oats, banana, cocoa/coffee, cinnamon)	₹149/-
Protein : 23g, Fat : 5g, Carbs : 35g — Grilled Tofu Bowl + Herb Rice + Sauteed Veggies (peri peri/ barbeque/ tikka/ jerk)	₹199/-
Protein : 13g, Fat : 20g, Carbs : 30g — Peanut Butter Banana Shake	₹119/-
Protein : 12g, Fat : 3g, Carbs : 42g — Quinoa Bowl (quinoa, cucumber, cherry tomato, avocado, dressing)	₹179/-
Protein : 10g, Fat : 12g, Carbs : 11g — Sprouts Bowl (moth beans, green gram, black channa, peanuts)	₹119/-

Sprouts bowl

COMBOS

Dal Combo (3 Phulka/2 rotis + jeera rice + salad)	₹199/-
Rajma Masala Combo (3 Phulka/2 rotis + jeera rice + salad)	₹199/-
Amritsari Chole Combo (3 Phulka/2 rotis + jeera rice + salad)	₹199/-
Chilli Momos Combo (Fried rice + Sauteed veggies)	₹199/-
Tofu Butter Masala (3 Phulka/2 rotis + jeera rice + salad)	₹229/-

ADD-ONS :

Raita	Gulab Jamun	Butter
₹20/-	₹39/-	₹20/-